



The fifth conference of the **Alister Hardy Religious Experience Research Centre** at the **University of Wales Trinity Saint David** will take place on July 18th 2018 in the Old Hall in the Founders Library of the Lampeter campus from 2 p.m. to 5.30 pm. The topic will be “Spirituality and Wellbeing: inter-religious perspectives”. This year’s conference is linked with the Harmony Interfaith Colloquium though participants can also just attend the sessions organised by the Religious Experience Research Centre.

The keynote speaker this year is **Prof William West**, University of Manchester who will give the annual **Alister Hardy Lampeter Lecture**. He will speak about “Counselling and Faith: Allowing religion and spirituality to have a place in the counselling relationship”. Dr West is Visiting Professor to the University of Chester and Honorary Senior Research Fellow in Counselling Studies at the University of Manchester, where he was most noted for his interest in counselling and spirituality and for his work with doctorate and PhD students. He has written 34 academic papers, 22 book chapters and 35 professional articles. He has (co-) written/edited 6 books, the most recent one being *Therapy, culture and spirituality: developing therapeutic practice*, co-edited with Greg Nolan and published by Palgrave 2015. Prof West remains passionately interested in the overlap between counselling and religious pastoral care.

Other speakers are **Mark Seed** on the spiritual health of children, young people and families, **Dr Brenda Llewellyn Ihssen** on Teaching and Learning with Disability in the Room, and **Jayne Timmins** on her personal journey of being a counsellor and having researched neurobiology.

Information about the whole event and also for information how to book accommodation on campus will be announced soon on the conference website. Information about how to travel to Lampeter can be found here: <http://www.uwtsd.ac.uk/lampeter/travelling-to-lampeter/#d.en.31657>





Spirituality and Wellbeing: inter-religious perspectives

Annual conference of the Religious Experience Research Centre

17 July 2018 (Founders Library, Lampeter), 2-5.30 p.m.

2.p.m. Welcome by Prof Bettina Schmidt, Director of the Religious Experience Research Centre

The Alister Hardy Lampeter Lecture

Prof William West, University of Manchester

Counselling and Faith: Allowing religion and spirituality to have a place in the counselling relationship

Discussion

3.30-4.00 tea/coffee

4.p.m.-5.30 p.m. Panel: Interreligious Perspectives on spirituality and wellbeing

Mark Seed, Cardiff

'Wherever we find ourselves': The spiritual health of children, young people and families

Dr Brenda Llewellyn Ihssen, UWTSD

Moves like Jagger: Teaching and Learning with Disability in the Room

Jayne Timmins

How counselling training, being a counsellor and neurobiology have deepened spiritual awareness - a personal journey

